

Rapid Rugby & Lucky Leicester

The weekend of the 13th – 15th April saw LSASC swimmers divided between galas held at both Rugby and Leicester. 15 pbs were recorded by 10 competitors at Rugby whilst 12 swimmers competed at Leicester registering 22 pb's and another six Midland Qualifying times.

The Pickett sisters competing at Rugby saw fourteen year old Hannah gaining bronze in the 100m fly and second place in the 50m back, while younger sister Jade, 11, had a great competition reducing her 400m free time by over 30 seconds to record a time of 5.17.96. Jade also clocked up significant pbs in both the 200m IM and 200m back before taking silver in the 50m free with a time of 32.12.

Fifteen year old Sarah Smith comfortably took the gold in the 50m back with 33.38 whilst third place was snatched by Megan McDonald, 14, in the 200m free with 2.26.03 and Jack Vaabel, 17, secured the bronze medal with a pb of 2.57.00 in the 200m breaststroke event.

Midlands success continued at Leicester with eleven year old Teigan Parker gaining another two MQT taking her total to an incredible eight. Teigan secured the 400m free in her debut race in a time of 5.11.99 and later gained the 100m breast in 1.29.57. Team mate Felicity Dempster, 12, took a massive 11 seconds off her 400m free pb to add her 4th MQT in a great time of 4.58.86.

Fourteen year old Jess Nash's growing success continued gaining pbs in all her events and adding another MQT in the 200m free in 2.18.19. For the boys, Finn Linton, 12, had an excellent meet securing great times in all his races and achieving his first two MQT in the 200m back and 200m IM.

Sarah Smith, 15, secured her place in the 100m fly having just gained gold in the 50m back in Rugby and ten year old Megan Stanton produced a pb at the optimum time to take bronze in the 100m fly in 1.30.16. Ellen Stone, 15, just missed out on a medal in the 100m breast final where only 6 tenths of a second separated second and fourth place.