

# Welcome Letter

## Swimmers



## Joining Leamington Spa Amateur Swimming Club

Dear Swimmer

Welcome to Leamington Spa Amateur Swimming Club (LSASC). We hope you will have an enjoyable and happy time as a swimmer at our Club, and that you make many new friends and enjoy training and competing with us.

This letter is to give you some information you may find helpful now or in the future.

### Coaching

We, as an ASA Swim 21 Club, are committed to help you swim to enjoy your training, learn to train hard and to achieve your potential. The coaches and teachers are here to help you do that and have been trained to do so in a safe and proper manner. You should soon get to know your coach and, if you have any concerns about training, do talk this over with your coach and parents.

### Safeguarding

Alongside our wish for you to enjoy and succeed at your swimming, we want to ensure you are safe and happy at the Club and that we act upon anything that prevents this. To make sure you are being safeguarded, we want to make sure you are not being:

- Bullied
- Treated differently to others
- Hurt by another person on purpose
- Ignored

To prevent such behaviour, we have a safeguarding policy called Wavepower. If you want to have a look at Wavepower, the Club Welfare Officer (details below) will have a copy.

We know bullying or poor behaviour towards you would make you feel unhappy, so please do not feel you have to put up with it. While we will do all we can to prevent anything happening, it is important if someone or something causes you to be unhappy you tell someone. Tell your parent, your coach, the Club Welfare Officer or any other adult you feel happy to speak to. Any issues you raise will be dealt with.

Your Club Welfare Officer is: Deb Turner. She can be contacted on 07786 541098;

[clubwelfare@swimleamington.org](mailto:clubwelfare@swimleamington.org)

The ASA also has a helpline called Swimline if you want to talk to someone who is not part of the Club. The number is 0808 100 4001.

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#### Codes of Conduct

Just as we expect others to behave properly to you, we expect all our swimmers to behave in an appropriate manner to their coaches, all Club helpers, fellow swimmers and all adults and young people you have contact with in training and at galas. We have a Code of Conduct that you and your parents will be asked to sign and return to the Club. If you are unsure about any aspect of the code of Conduct, please feel free to ask.

We hope you will have a very happy and successful time while a member of LSASC.

From

Rachel Saysell  
LSASC Chairperson