

All times are estimates - the sessions will start at the published times, the the events will run at their own pace. Specifically the event start times should not be construed as earliest start times - they are for guidance only.				
Friday 19th November 2017				
Event No	Gender	Event		Warm Up 6.00 - 6.15pm
1	F	400m Individual Medley	HDW	6.20pm
2	M	400m Individual Medley	HDW	6.47pm
3	F	400m Freestyle	HDW	7.00pm
4	M	400m Freestyle	HDW	8.07pm
		Session Ends 8.3		
		Saturday 20th Nove	mber 20:	17
Event No	Gender	Event		Warm Up 8.00 - 9.00am
5	М	200m Individual Medley	HDW	9.05am
6	F	100m Breastroke	HDW	9.46am
7	М	50m Fly	HDW	10.36am
8	F	100M Backstroke	HDW	10.54am
	Inte	erval (11.38 - 12.00am) - Prese	entations Ev	ents 5,6,7
9	М	200m Fly	HDW	12.00pm
10	F	200m Freestyle	HDW	12.08pm
11	М	50m Breastroke	HDW	1.30pm
Lunch (1.47 - 3.00pm) - Presentations Event 8 - Warm Up 1.55 - 2.55pm				
13	F	100m Freestyle	Heats	3.00pm
14	М	200m Backstroke	HDW	3.53pm
15	F	200m Breastroke	HDW	4.23pm
Interval (5.27 - 5.50pm) - Presentations Events 9,10,11,14				
16	М	100m Fly	HDW	5.50pm
17	F	50m Backstroke	HDW	6.03pm
18	M	50m Freestyle	HDW	6.35pm
10		ral (6.53 - 7.15pm) - Presentat		· ·
19	F	100 Freestyle 9 years	Final	7.15pm
20	F	·	Final	7.13pm
21	F	100m Freestyle 10 years 100m Freestyle 11 years	Final	7.16pm
22	F	100m Freestyle 12 years	Final	·
23	F	100m Freestyle 13 years	Final	7.24pm 7.27pm
24	F	100m Freestyle 14 years	Final	7.27pm 7.30pm
25	F	100m Freestyle 15+ years	Final	7.33pm
23	-			· ·
Session Ends 7.36pm - Presentations Events 19,20,21,22,23,24,25				
		Sunday 21st Noven	nber 201	7
Event No	Gender	Event		Warm Up 8.00 - 9.00am
26	F	200m Individual Medley	HDW	9.05am
27	М	100m Breastroke	HDW	10.09am
28	F	50m Fly	HDW	10.29am
-	Inte	erval (10.54- 11.15am) - Prese		
29	М	100M Backstroke	HDW	11.15am
30	F	200m Fly	HDW	11.34am
31	M	200m Freestyle	HDW	11.49am
32	F	50m Breastroke	HDW	12.28am
<u> </u>		al (12.55 - 1.25pm) - Presenta		
33	F/M	50 Mixed Skins	Final	1.25pm
33		Lunch (1.40- 2.50pm) - Warm		·
2/1		100m Freestyle	Heats	
34 35	M F	200m Backstroke	HDW	2.50pm 3.15pm
36	M	200m Backstroke	HDW	·
30		1		4.02pm
Interval (4.23- 4.45pm) - Presentations Events 32,33,35				
37	F	100m Fly	HDW	4.45pm
38	M	50m Backstroke	HDW	5.01pm
39	F	50m Freestyle	HDW	5.16pm
Interval (5.44- 6.10pm) - Presentations Events 36,37,38,39				
40	М	100m Freestyle 9 years	Final	6.10pm
41	M	100m Freestyle 10 years	Final	6.13pm
42	M	100m Freestyle 11 years	Final	6.16pm
43	M	100m Freestyle 12 years	Final	6.19pm
44	M	100m Freestyle 13 years	Final	6.22pm

6.22pm

6.25pm

6.28pm

Final

Final

Final

44

45

46

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100m Freestyle 13 years

100m Freestyle 14 years

100m Freestyle 15+ years

Session Ends 6.31pm - Presentations Events 40,41,42,43,44,45,46