

## Ellen Stone Crowned Triple County Champion



Three weekends of hard racing saw Leamington's Elite swimmer, Ellen Stone outclass her rivals with a sensational breaststroke performance at the Warwickshire County Championships. The seventeen year old easily defended her 2013 title in the 50 and 200m events leaving the opposition trailing seconds behind. Stone, firing on all cylinders accelerated in the 100m race taking first place in 1.15.95 and achieving the triple to be crowned County Breaststroke Champion in every distance. Stone also added silver in the 200m IM and achieved a Midland Qualifying Time in the 50m free before joining team mates Ruby O'Brien, Hannah Greenshield, Sarah Brades and Felicity Dempster in the freestyle and medley relays. The girls just missed gold in the medley by only a tenth, taking silver in both.

A brilliant 800m freestyle from Felicity Dempster,14, secured a National Qualifying Time(NQT) with 9.27.65 with a bonus of first place and producing another NQT in the 200m event securing bronze.

The gold medal for the 200m backstroke was claimed by seventeen year old Sarah Brades whilst bronze medals went to Hannah Greenshield,16, in both 50m and 100m fly races producing new pb's in both. More pb's from Ruby O'Brien,15 in the 50m free secured her a place in the final, where Ruby rose to the challenge again, producing another pb earning her bronze. Hannah Pickett,15 and Maddie Spalding,17 took second and third places in the 50 back for the age group 15/18.

Harry Manship,14 all-round talent secured three bronze medals in the 200m IM, 50m and 100m free, silver in the 100 fly and a blistering 29.82 in the 50m race taking gold just ahead of Philip Warren in third. Warren later added third in the 100m back and a brilliant finish in the 50m breast snatching bronze in 35.58.

In the 9/10 age group Harrison Astill, 9, gained a fistful of bronze medals in his first Long course meet in the 50m and 200m back, 50m fly, 50m free and was the only swimmer in the two age groups brave enough to enter the 200m fly picking up the gold.

Finalist places were secured by Sarah Smith 100m fly, Maddie Spalding 50 breast, 50m and 100m back, Ruby O'Brien 100m free, 200m IM and 50m fly and Hannah Pickett in the 50m back 200m IM, Hannah Greenshield 50m back